

| OMEGA FATTY ACIDS |         |         |         |
|-------------------|---------|---------|---------|
| FATTY TYPES       | OMEGA 3 | OMEGA 6 | OMEGA 9 |
| Fig Seed Oil      | 40      | 30      | 17      |
| Fish Oil          | 35      |         |         |
| Argan Oil         |         | 34      | 47      |
| Safflower Oil     |         | 34      | 47      |
| Sunflower Oil     |         | 35      | 25      |
| Hazelnut Oil      |         | 15      | 80      |
| Grape Seed Oil    |         | 63      | 20      |
| Sesame Oil        |         | 40      | 40      |
| Rapeseed Oil      | 10      | 20      | 80      |
| Coconut Oil       |         | 2       | 8       |

| VITAMIN E Comparison Table (100gr) |                 |
|------------------------------------|-----------------|
| OIL TYPE                           | VITAMIN E RATIO |
| Fig Seed Oil                       | 404             |
| Wheat Ruseym Oil                   | 215             |
| Argan Oil                          | 70              |
| Sunflower Oil                      | 41              |
| Hazelnut Oil                       | 25              |
| Margarine                          | 17              |
| Soy Oil                            | 14              |
| Flaxseed Oil                       | 13              |
| Olive Oil                          | 12              |

In 2013, in the journey we started with the support of the state as a female entrepreneur, we got patent of our own production technology and method.

We produce 2500 Kg fig seed and 550 liters fig seed oil with our food production permit certificate, five blue collar and two white collar human resource and the state of the art machine park.

By processing natural and direct mountain figs we buy from the producer, we have the confidence and happiness of delivering our orders to our customers in confidence with independent laboratory analysis result, which analyzed at Ege University.

We export our fig seed and fig seed oil products to Centrol and Northern European countries.



Prof Muammer Aksoy Mahi. Denizli Cad.  
No.308 /A - Nazilli - AYDIN/TURKEY

+90 506 979 85 42 - 43

info@egesia.com.tr

www.egesia.com.tr



Fig Seed & Fig Seed Oil



www.egesia.com.tr

## The Benefits Of Fig Seed Oil



- The fig seed oil includes %40 percent of omega 3 , %30 percent of omega 6, %67 percent of omega 9. In total it includes %87 percent of omega oils.
- The figs seed oils consist of alpha, gamma and delta tocopherols, in total it includes 4041.3 tocopherols.
- In the cold press oils category, there is no oil other than omega 3-6-9 oils in fig seed oil. It is a unique product in this category.
- Due to its high content of vitamin E, it moisturizes the skin from inside to outside. Fig seed oil prevents wrinkles in the body. After 2-3 months of regular use, it has shown that improves wrinkles.
- There are also positive effects on problems such as facial wrinkles and blackhead discomforts.

- The fig seed oil is more beneficial and effective than all known cold press oils in terms of vitamin E. It renews skin cells and provides tightening.



- The high content of fig seed oil prevents the hair loss thanks to vitamin E, as well as revitalizes the hair and gives shine to the hair.
- It is easily applied to all parts of the body and it is a cold press oil which can provide the body's vitamin E requirements.
- It is very effective in the early healing of wounds in the skin.
- It has a firming effect against sagging of the face and the body.
- It has an accelerating effect on the healing of problems such as acne and herpes and also prevents the formation of acne.
- The fig seed oil prevents premature aging of the skin thanks to Antioxidant and rich mineral content.
- It also has positive effects on the healing of bruises under the eye.
- It is also effective in removing lip and face cracks.
- It is not an disturbing product with its smell compared to fish oils and does not cause stomach pain.

- It is very useful for scholl-aged children. One teaspoon consumption per day is recommended.
- It also prevents high blood pressure.
- The fig seed oil is also a source of energy.
- Omega is an effective source against the progression of Alzheimer's disease. Adults are advised to use a teaspoon every morning and evening.
- The fig seed oil helps protect bone health thanks to the calcium in its structure.
- It has a strong antioxidant effect. It is known that it is very effective in eye health with its high Omega values.
- It helps in the treatment of attention deficit and hyperactivity.
- Since fig seed oil is a product with high potassium content, it decreases the insulin content in the body.
- It is rich in antioxidants. It helps to strengthen immunity.

Warning: Our product is not a drug. On the contrary, it is a product which contributes herably to the body. The information given in accordance with the benefits of the product is based on scientific research.

